

Easy Read Information



What you need to know about
Emergency Contraception



There are different types of
emergency contraception.

Pills and the copper coil (IUD).

Emergency contraception is for
emergencies only and **cannot**
be used as a regular method of
contraception.



Emergency contraception may be needed if: -

You have had sex and not used contraception/unprotected sex.

If your contraception has failed e.g. burst condom.

You have forgotten to take your contraceptive pill.



There are **2** different kinds of emergency contraceptive pills.

Levonelle which can be taken up to **3 days** after having unprotected sex.



EllaOne which can be taken up to **5 days** after having unprotected sex.



You can get the emergency pills free from Sexual Health D&G or your local pharmacy.



It is important to tell the doctor, nurse or pharmacist if you are taking any other medications.



At sexual health D&G the doctor or nurse will give you the pill to take before you leave the clinic.

You will be given an appointment to come back to the clinic in 3-4 weeks.



The coil (IUD) is a small copper and plastic device that is put into your uterus through your vagina by a doctor.

The coil can be left in and used as ongoing contraception.

You must attend sexual health D&G if you want an emergency coil fitted.



When you are given emergency contraception you will get information and advice about other methods of contraception.

Advice is available from
Sexual Health D&G

If you have any questions or
would like to make an
appointment.

Please phone **0345 702 3687**

or

email:
dgsexualhealth@nhs.net

