

For confidential advice phone the FPA helpline on 0845 122 8690 or Ask WES online at [www.fpa.org.uk](http://www.fpa.org.uk).



## Remember wearing this? Then remember to wear this!



Remember when you thought this looked fab and groovy? When everything was peace, love and tie-dye tee shirts? You're older and wiser now of course. An experienced lover. All the sexual anxieties of youth a thing of the past. But if that's true, how come it's older people who are getting more sexually transmitted infections (STIs) than ever before? Simple. Once we hit our 40s and 50s, we drop our guard. We think things like syphilis, gonorrhoea, genital warts and chlamydia are strictly for young people. Well, unfortunately, STIs don't ask how old you are before they infect you. And they don't care how few sexual partners you've had recently either. So, if you want to enjoy a few more perfect summers of love, remember - condoms rock. Use them!

